



VENTURA  
COUNTY  
CREDIT UNION

Living the life.

# MAKE THE MOST OF YOUR MONEY!



## JOIN US FOR

## Mindful Money

Presented by Irene Kelly, WEV

In this workshop, participants will discover the powerful connection between your feelings and your financial decisions. Learn how emotions like fear, stress, and excitement can impact your spending, saving, and investing habits. Gain practical tips to recognize emotional triggers and make smarter financial choices. Whether you're budgeting, investing, or planning for the future, this session will help you build a healthier relationship with money.

### HOSTED BY VCCU IN COLLABORATION WITH



COUNTY of VENTURA

Deferred Compensation

**DATE:** Wednesday, September 10, 2025

**TIME:** 12:00 PM - 1:00 PM

**LOCATION:** Lower Plaza Assembly Room  
Hall of Administration  
800 S Victoria Ave, Ventura, CA 93009

SCAN HERE



TO REGISTER

For more information, contact the Deferred Compensation Program at (805) 654-2620.  
Registration link available on [dc.ventura.org](https://dc.ventura.org)



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